

Advocacy and New Board Members

For 60 years, The Arc has been an advocacy organization made of members who support and defend the needs of individuals with intellectual disabilities. That means that hundreds of members and interested friends have spoken up for those who can't speak for themselves—children and adults with intellectual and related disabilities. Over time, that advocacy has brought people out of institutions and kept children and families intact—in the community.

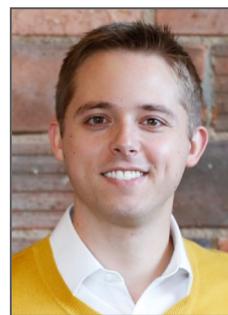
The Arc of Story County is committed to community awareness and understanding of people who have developmental disabilities. Efforts to achieve this goal include activities such as candidate forums, legislative evenings, annual awareness month, letters to the editor, presentations to community groups, and the recruitment of new board members who share in our mission.

The Arc of Story County is fortunate to be adding two new board members at our Annual Meeting in June, while retaining our other thirteen members of the Board of Directors.

Dr. Steven Freeman joins the board from Iowa State



Steve Freeman



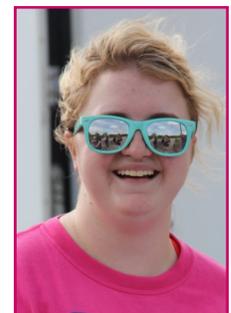
Brad Jensen

University. The other members of our board will gain valuable insight from Dr. Freeman as he has worked with a wide variety of groups and individuals in the university setting.

Brad Jensen comes to the board as a Business Manager for Real Estate Service Group, Inc.

The board will benefit from Brad's connections within the community and his compassion for working with people with disabilities.

The Arc of Story County welcomes Dr. Freeman and Brad Jensen to our Board of Directors as we continue to advocate for and on behalf of people with intellectual and developmental disabilities.



Cierra Freeman, our program coordinator for the past two years will be leaving us in July. Cierra has provided guidance, leadership and encouragement to all of our participants. Our programs have grown and expanded during the time Cierra has been with us. Cierra leaves us with Good Wishes for her future in graduate school and marriage.

Do you know someone with an intellectual or developmental disability? Maybe you know someone who does. They may be your friend, neighbor, schoolmate, co-worker or someone else who is an important part of your life. Perhaps you've wondered what you can do to help them lead lives of full participation and inclusion in the community. If you have an interest in getting involved, The Arc can help you. The Arc is an advocate for people with intellectual and development disabilities, preserving and protecting fundamental rights through advocacy and action in support of legislation for civil rights, employment, housing, and numerous supports. We connect people with disabilities, their families, professionals, and others (like you?) to create hope, growth, and change. This is your chance to join us as an advocate, not only for the person you know, but for millions of people living with intellectual and developmental disabilities. We'll work with you to make a difference with a clear, strong, collective voice.



Message from the Director

The Arc hosted its first “Legislative Evening” on June 12th. Along with the members of The Arc, members of NAMI of Central Iowa were also invited. Representative Lisa Heddens reviewed the successes from this year’s legislative session; discussed goals that were not accomplished and what we can look forward to for next year’s session. The Arc of Story County and NAMI will be hosting a Legislative Forum this fall, September 16th, at 7:00 pm at the Ames Public Library.

Summer is in full swing at The Arc. Below you will learn about just a few of the fun activities we have planned for the summer.

Studies have shown that many people with disabilities don’t have opportunities for regular social activities outside of their home. In many instances, the only time some individuals interact with the community is with their families,

roommates, and staff. Our Active LifeStyles program strives to close this gap. Please don’t hesitate to give us your feedback or ideas. It’s through the partnership we have with our members that allows us to be successful in our efforts.



Last, I would like to thank the St. Cecilia’s Knights of Columbus for sponsoring our annual Tootsie Roll Drive. On Saturday, May 10th, members of the Knights of Columbus, The Arc of Story County Special Olympic Athletes, and board members handed out Tootsie Rolls at four local grocery stores. We raised over \$1,700 at the six hour event!

Tricia Crain
Executive Director

Summer Happenings

Hickory Grove Picnic

Thursday, June 12th

Ice Cream Dance, Moose Lodge

Thursday, July 10th

I-Cubs Game

Thursday, July 24th



Brookside Luau

Wednesday, August 6th



We also have:

- * Bowling *
- * Sand Volleyball *
- * Kickball *
- Walking Group *
- Please check our website for all the details!

www.thearcstory.org

Summer Games



The Arc of Story County had 57 athletes participate in the Special Olympics Summer Games held in Ames in May. It was a wonderful and exciting three days spent participating in swimming, bocce ball, track and field, cycling, and soccer. We couldn't have asked for better weather or a wonderful group of volunteer coaches who have been with us since February. The coaches spent several hours each week with our athletes, mentoring, coaching, giving positive support and weathering the outdoor elements to



make sure our athletes were well prepared for competition. A sincere Thank You to our coaches, and parents and guardians who made the three days a lasting memory for our athletes and participants.

Garage Sale Time!

The Arc of Story County's annual garage sale will be held Friday and Saturday, August 22nd and 23rd in north Ames.

Donations of small appliances, housewares, games, infant equipment, infant clothing, athletic gear, seasonal items, collectibles, furniture, etc. will be welcomed daily beginning Sunday the 17th (no adult clothing please).



Volunteers will be needed throughout the week for "processing" donations — cleaning if necessary, checking electronics, sorting/sizing linens, and categorizing merchandise. To volunteer your time or for more information contact Susan Teas susanteas@gmail.com, phone 515-450-9226 or The Arc office info@thearcstory.org, phone 515-232-9330.

Arc of Story County Board of Directors

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Real Estate Service Group



The Arc[™]

Story County

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Achieve with us.

*Service and support for people with
intellectual and developmental disabilities*

www.thearcstory.org

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Please check our website often for the
schedule of events for the week, applications
and more.

www.thearcstory.org

Thank you to Todd & Sargent for
their \$2,500 donation to go toward
our community space rental.

