

Change is coming...

On paper, Medicaid (or Title 19 as it is sometimes called) covers almost every imaginable service, with zero payment due from the patient. Medicaid is quite complex and for the last 10 years, Iowa has seen rapid growth in total program costs now causing a deficit. The governor decided to address this growing deficit by asking for contracts with private health insurance companies for Medicaid beneficiaries through capitation (set) rates, Medicaid Managed Care Organizations (MCOs).



Case management will still be used but not the same way it occurs today. Case loads will be larger and cover larger geographic areas.



Home—the community and the least restrictive environments will still be the **FIRST** choice for service. For most individuals and families this **IS** the preferred choice.]



Assessment - Clients will be assessed individually through a thorough process to determine needs and what services will be authorized and how much service will be allowed. Close monitoring should be expected.



No new dollars. The Medicaid system in Iowa is about \$50 million dollars in debt and growing. So every Medicaid client will be carefully monitored to assure that the service given does make a difference.



Governor Branstad used his executive power to ask outside managed care organizations to bid on the Medicaid system.



Education is critical. Recipients of Medicaid waiver services and supports should be asking questions about this new plan of service delivery. The Arc will also be working to keep you informed.

Achieve with us.

Do you know someone with an intellectual or developmental disability? Maybe you know someone who does. They may be your friend, neighbor, schoolmate, co-worker or someone else who is an important part of your life. Perhaps you've wondered what you can do to help them lead lives of full participation and inclusion in the community. If you have an interest in getting involved, The Arc can help you. The Arc is an advocate for people with intellectual and developmental disabilities, preserving and protecting fundamental rights through advocacy and action in support of legislation for civil rights, employment, housing, and numerous supports. We connect people with disabilities, their families, professionals, and others (like you?) to create hope, growth, and change. This is your chance to join us as an advocate, not only for the person you know, but for millions of people living with intellectual and developmental disabilities. We'll work with you to make a difference with a clear, strong, collective voice.



Letter From the Director

The Arc held its annual garage sale the weekend of August 21st & 22nd. This fundraising endeavor would not be possible without the help and home of Roy and Susan Teas, who host the sale each year, and the tireless hours that Susan and other board members put in to ensure the sale is a success. The sale was a HUGE success this year...we raised \$3,200 in sales and received an additional \$800 donation from Thrivent Financial.



In August, The Arc Board of Directors met for its annual retreat. We have four new board members who were voted onto the board in July...

Devita Harden works for Ames Community Schools at the Middle School. She comes to the board with a passion for helping others and learning new things.

Kapil Arora works at Iowa State University. We look forward to the new insights that Kapil will bring to our board as an advocate for others.

Lauren Gent works for Ames Community Schools and has wonderful experience working with diverse populations.

Mary Jane Brotherson is retired from Iowa State University. Mary Jane's enthusiasm and passion for people with disabilities inspires us all.

Thank you to everyone for your time, talents and treasures that you gave to The Arc of Story County during the summer months. You are Achieving With Us.

Tricia Crain

Who Is The Arc Board of Directors?

by AJ Pollard, Board President

There is a group of individuals who are passionate, dedicated and hardworking who meet once per month to help ensure The Arc of Story County continues to operate without any hitches. That group is the Board of Directors, and I want to let you know how we effect the everyday life of The Arc of Story County.



Administration...First and foremost, it is the job of the Board of Directors to serve The Arc as a non-profit organization. This includes selecting an Executive Director and providing oversight over the Director. It also includes ensuring The Arc of Story County is conducting its business in accordance with local, state and national laws and that our finances are in order.

Finances/Fundraising ...As The Arc continues to grow, it requires more and more funds to continue to offer new programs and the staff to help them run. The Board works with Tricia to fundraise through multiple sources including ASSET,

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Welcome Doug Cunningham

The Arc of Iowa Executive Director

It is my privilege to accept the position as the executive director of The Arc of Iowa, and it is my hope to inspire inclusion of persons with intellectual and developmental disabilities in every aspect of life in the way they have inspired me.



In my professional career, I previously worked for the first behavioral health managed care organization in the country. My exposure to managed care has exposed me to some great possibilities as well as some disappointing experiences. I believe my background in managed care can be helpful as this “new” direction in Iowa becomes reality. One of my proudest achievements is the opportunity to build a lifespan respite facility in Jackson, Michigan.

Fast forward to the year 2000 when I was asked to come to Iowa and direct the Iowa Respite and Crisis Care Coalition when the previous director became ill. After living here for a short time, I found that I loved Iowa and its people so much that I have made it my home for the past 15 years. During that time, I also built a successful residential and commercial cleaning company called Clean It, Inc. In Des Moines.

I love running my business, but my passion is to engage people in supporting others. When asked if I would help with The Arc of Iowa, I was most interested in returning to my roots. I jumped at the chance and am looking forward to the challenge of growing your Arc of Iowa.

Sincerely, Doug

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United Way, and other local organizations. The Board also conducts multiple fundraisers throughout the year including the Tootsie Roll Drive, garage sale, Viva la Arc and letter writing campaigns. The Board of Directors makes decisions regarding how to use our funds and how to build a solid financial base for The Arc going into the future.

Programming and Volunteering...The Board of Directors has four sub-committees which use the strengths and talents of our board members to meet the needs of the athletes and participants we serve. The Board is always looking for new programs, ways to fund them and to meet the future needs along with gaps in services.

There are many more activities the Board works on every month, utilizing its talents to help The Arc continue to be a top notch organization serving individuals with intellectual and developmental disabilities.

Arc of Story County Board of Directors

AJ Pollard, President

Renewable Energy Group

John Timmons, Vice President

Pasley & Singer Law Firm, LLP

Susan Teas, Past President

Heartland AEA, retired

Lesley Hawkins, Secretary

Iowa State University

Jim Kincart, Treasurer

Norris Asphalt Paving Co., retired

Jerry Busta

Ag Leader Technology

Judi Eyles

Iowa State University

Dr. Steven Freeman

Iowa State University

Bradley Jensen

Real Estate Service Group

Kim Lively

Walmart

JD Reich

State of Iowa

Kathy Schnable

Ames Community School District

Molly Toot

United Suppliers

Dr. Mary Jane Brotherson

Iowa State University, Retired

Lauren Gent

Ames Community Schools

Dr. Kapil Arora

Iowa State University

Devita Harden

Ames Community Schools



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Achieve with us.

*Service and support for people with
intellectual and developmental disabilities*

www.thearcstory.org

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of Iowa Director

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Directors of The Arc of
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Important Dates:



Sunday, September 13th, 1:00 p.m. **Tailgating at the
ISU Soccer Game**



Thursday, September 17th, 5:00 p.m. **Fall Barbeque
at Brookside Park**



Wednesday, October 28th, **ISU Volleyball Game**



Thursday, October 29th, 6:00-8:00 p.m. **Halloween
Dance, Moose Lodge**

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